

# Preparation of Family Tree

A family tree is used to diagram family history so you can see at a glance where problems are in each generation. Begin at the bottom of the family tree; fill in your name and your spouse's name, and any problems you have (if divorced, insert your previous spouse's name, too). Do the same with your children, your parents and your brothers and sisters. Continue in this way up the family tree, as far as you can remember, indicating any patterns or problem areas in your family line. Some problems come down vertically, as from grandfather to father, some horizontally, from aunt to aunt, or cousin to cousin. Some of the problems are obvious, others are known only to God. Don't worry about what you do not know. Jesus will reveal what you need to know, and what He reveals He will bring into healing.

Great traumas may be healed through generational healing prayer without your knowing their exact cause. However, if you find that your family's problems are not completely resolved after one Holy Communion or healing prayer session, continue to intercede for them. In some cases, it may be necessary for prayer for the Healing of Generations to be repeated several times for family bloodlines. The following instructions provide some ideas to help prepare your family tree.

To construct your family tree, go back at least four generations, even if you do not know all names. If possible, check with parents, grandparents and other relatives to get more details or clearer information. Simply write on the family tree every issue that you would like to bring to the Lord. If you were adopted you may have only a minimal amount of information regarding your biological family. In that case, include whatever information you have as to your biological family, as well as any pertaining to your adopted family. If you were adopted and are unaware of your biological family, simply include all the information pertaining to your adopted family.

Once you have finished constructing the family tree, look at the possible patterns or problem areas with the family bloodlines. Below are some of the common areas of generational bondage or sin that may help jog your memory and make a more complete picture of your family line.

Remember to ask the Holy Spirit to reveal His Truth. He may give you an area that is not listed below, but it is essential to put down all areas revealed to you in order to break the patterns of generational sin.

## **Unusual and Violent Deaths or Severe Trauma**

Identify, by name, the people in your family who:

- Committed or attempted suicide
- Murdered or died in tragic ways such as accidents or wars
- Committed an abortion or participated in/sponsored an abortion
- Repeated miscarriages
- Died in a mental institution, nursing home or prison (especially those who felt lonely, unloved and/or abandoned).
- Those who were not given a Christian burial, including committal services or prayer, or were unmourned.
- Those who were unnaturally grieved.
- Untimely deaths
- Severe trauma, with evidence of effects passed on through the family (e.g., drowning, resulting in fear of water in other members, especially descendants)

## **Evidence of Occult or Demonic Activity**

- Superstitions

- Involved in the occult (e.g., witchcraft, astrology, spiritualism or divination).
- Opening one's self to powers of the spiritual realm, such as pre-cognition or other psychic abilities
- Made a blood covenant with Satan or involved in satanic worship
- Involved with a witch or other persons involved in the occult

### **Habitual Patterns of Sin**

#### Sexual Sins:

- Adultery/fornication
- Prostitution
- Homosexuality/lesbianism
- Incest
- Pornography
- Lust
- Sexual promiscuity
- Sexual perversions
- Sexual addictions

Be sure to list all sexual partners and/or any soul-ties you have with another. This is extremely important. Even if it was not sexual you may be tied spiritually, emotionally or mentally. If you are enjoined to another, you must be cut free from this relationship. Remember that Jesus does not separate us from a person when we have been tied to him or her in ways that are holy and within God's plan and will. He only sets us free from the unholy or destructive part of the relationship. This is an especially important step when you are married or planning to marry. Your marriage bed should only include you, your spouse and God.

#### Other Habitual Sins:

- Violence
- Abuse (physical, mental, emotional, or spiritual)
- Incest
- Racial prejudice
- Anger
- Religious prejudice
- Murder
- Pride
- Greed
- Materialism
- Arrogance
- Hatred
- Unforgiveness
- Addictions (alcoholism, nicotine, drugs, food, etc.)
- Selfishness
- Judgments

### **Destructive or Abnormal Patterns of Relationships**

- Divorces
- Abuse (emotional, mental, physical or spiritual)
- Hostility
- Control
- Manipulation

- Domination
- Revenge
- Unforgiveness
- Bitterness
- Anger
- Depression
- Labeling of family members as outcast, black sheep, scapegoat or failure

### **Diseases and/or Predispositions to Illness**

Arthritis	Fibromyalgia	Manic Depressive Disorders	Respiratory Trouble
Cancer	Headaches	Mental Retardation	Skin Problems
Diabetes	Heart Trouble	Mental Disturbances	Ulcers
Depression	High Blood Pressure	Nervous Breakdowns	

### **Historical Family Connections**

- Involvement with events of great sin, evil or trauma, (e.g., massacres, plagues, slavery, conquests, etc.)
- Ethnic origin issues; negative traits, cultural evils, oppression, curses, (e.g., European, Asian, African, Native American or Caribbean ancestry, etc.)

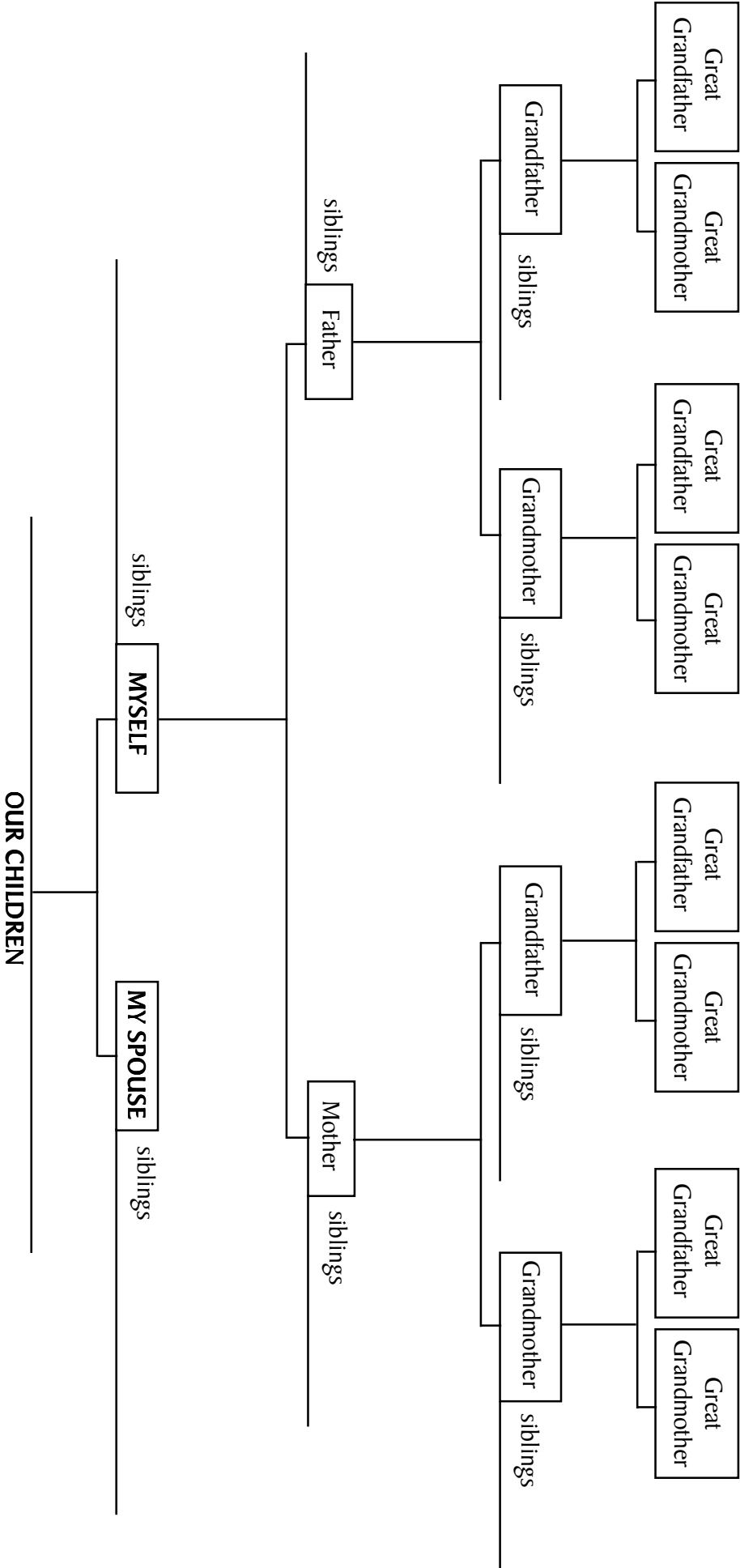
### **Religious History**

- List all non-Judeo/Christian religions in the family or ancestral history, (e.g., Islam, Buddhism)

### **In Utero Wounding**

- Child conceived in lust or rape
- Illegitimacy
- Parent considering adoption or abandonment
- Ambivalence or rejection from either parent
- Fears/anxiety, (e.g., mother had difficulty carrying child to term)
- Attempted/failed abortion
- Loss of father
- Life-threatening illness of the mother
- Life-threatening illness of the baby
- Mother had miscarriage(s) or abortion(s) before you were conceived

# Family Tree



# **Prayer for Healing the Family Tree**

**by Rev. John H. Hampsch, CMF**

Heavenly Father, I come before you as your child, in great need of your help; I have physical health needs, emotional needs, spiritual needs, and interpersonal needs. Many of my problems have been caused by my own failures, neglect and sinfulness, for which I humbly beg your forgiveness, Lord. But I also ask you to forgive the sins of my ancestors whose failures have left their effects on me in the form of unwanted tendencies, behavior patterns and defects in body, mind and spirit. Heal me, Lord, of all these disorders.

With your help I sincerely forgive everyone, especially living or dead members of my family tree, who have directly offended me or my loved ones in any way, or those whose sins have resulted in our present sufferings and disorders. In the name of your divine Son, Jesus, and in the power of his Holy Spirit, I ask you, Father, to deliver me and my entire family tree from the influence of the evil one. Free all living and dead members of my family tree, including those in adoptive relationships, and those in extended family relationships, from every contaminating form of bondage. By your loving concern for us, heavenly Father, and by the shed blood of your precious Son, Jesus, I beg you to extend your blessing to me and to all my living and deceased relatives. Heal every negative effect transmitted through all past generations, and prevent such negative effects in future generations of my family tree.

I symbolically place the cross of Jesus over the head of each person in my family tree, and between each generation; I ask you to let the cleansing blood of Jesus purify the bloodlines in my family lineage. Set your protective angels to encamp around us, and permit Archangel Raphael, the patron of healing, to administer your divine healing power to all of us, even in areas of genetic disability. Give special power to our family members' guardian angels to heal, protect, guide and encourage each of us in all our needs. Let your healing power be released at this very moment, and let it continue as long as your sovereignty permits.

In our family tree, Lord, replace all bondage with a holy bonding in family love. And let there be an ever-deeper bonding with you, Lord, by the Holy Spirit, to your Son, Jesus. Let the family of the Holy Trinity pervade our family with its tender, warm, loving presence, so that our family may recognize and manifest that love in all our relationships. All of our unknown needs we include with this petition that we pray in Jesus' precious Name. Amen.

St Joseph, Patron of family life, pray for us.

## **Generational Healing Prayer**

**By Father DeGrandis**

In the Name of Jesus, and by my authority as a Christian, I cut off from past generations any communication of hatred, bitterness, resentment, unforgiveness, lust, envy, gluttony, sloth, pride, anything that is negative, anything not of the Kingdom of God. I call upon the Precious Blood to come upon me and my family. I ask the Holy Spirit in Jesus' Name to cut and cleanse and purify any negative emotions that have been communicated from whatever generation. Amen

## **Prayer to break Generational Curses**

In the Name of Jesus Christ and by the power of His cross and blood, we now break and make null and void any curses, contracts, covenants, hexes, spells, or pacts made against our family lines, or made by any member of our family lines against another person.

We break and make null and void any inner vows, bitter root judgments or expectations made against our family lines, or by any member of our family lines against another person. We place the cross and blood of Jesus, the symbols of His power and authority, between the past generations of our families and the present generation, cutting off any evil that could be passed down. Amen.